

DESERT ROUNDUP



Vol. 38 No.9

Naval Air Station Fallon, Nevada

May 16, 2003

Sailors take opportunity to learn about Commissary benefits

By: JO3 Denise Morris

Free groceries!

Have you heard of the Commissary Tour before? Like most, you probably gave up the chance, because you thought that it was for those who never visited the store before. But, the tour offered a lot more than most people would have thought. Recently, many

single sailors had the opportunity to participate and receive free products during a tour of the store as part of the Commissary Awareness Program in May.

Tours of the store have been given in the past, but participation numbers have been lower than this year. Many sailors thought the commissary tour was some sort of indoctrination. Since

they already shop there, why would they want a tour?

This year, MWR put the word out and over 30 sailors enthusiastically participated.

"That's what I want the Single Sailor Program to be about: come and have fun and you are always going to walk away with something whether it be prizes or it is a good time," Patricia Johnson, MWR Single Sailor Program assistant coordinator.

All sailors who participated in the commissary tour got a walk-through of certain departments. Wendy Matuszak, retail manager, escorted them around and told them about what the commissary offered, store operations, certain products, how much sailors save by shopping at the commissary instead of a grocery store out in town and processing special orders. At the end of the tour, each received one grocery bag of assorted goodies, a frozen bag of perishable products and a tin of popcorn. A few bags had \$50 gift certificates to the commissary and contained a \$100 certificate.

All products were donated by individual companies such as Kraft, Nabisco, Stouffer's, Proctor & Gamble, Rainbow Bread, and Pepsi. Heinz Corporation donated the gift certificates.

"The reason is to encourage the single sailors to shop at the commissary, because they will then know they can save money," said Jose C. Quiban, commissary store director.

Quiban wants the single sailors to shop at the commissary and take advantage of the savings that many might not know about.

Matuszak said some sailors believed that the products in the commissary are sold in big bulk and are more geared toward married couples. The tour allowed sailors to find out that the Commissary carries many items that are smaller quantities for single people. Many of the NAS Fallon commissary patrons are single sailors and geobachelors from carrier air wings.

Meat at the commissary is USDA and is a minimum of 30 % cheaper than the meat out in town. Quiban said the commissary gets their meat from the

same meat suppliers as the grocery stores. A few sailors voiced the perception that some meats, particularly seafood, might be more fresh at a grocery store out in town than the frozen meat the commissary offers.

"Frozen fish is frozen at its peak," said Matuszak. "So, usually the nutritional value is actually better than fresh fish. Freezing preserves the nutrients, it doesn't take it away."

Quiban said that shopping at the commissary saves sailors money because grocery stores out in town are profit-driven.

Quiban said the savings at the commissary are as much as 42% over local grocery stores.

While promotional sale items and two-for-one specials may be bargains, grocery stores make up the difference on other items.

"We're here for them (sailors)," said Matuszak, "They're the purpose of our job and anything that we can do to try to make it better for them, we would like to know."



Mary Matuszak escorts sailors during the commissary tour to each department in the commissary where they learned about the savings the Commissary offers compared to the stores out in town. Afterward, single sailors were treated to a bag of free products and frozen food (Photo by JO3 Denise Morris)..

Local sailors 'come on down!' to the Price is Right

By: JO2 Eric D. Ritter

CTA3 Richard Willhoite answered the call recently. Well, it wasn't really the Navy's call this time, but when the Price is Right beckoned him to "Come on Down!", he had no problem running down the LA studio isle to make his way on TV to bid on prizes and meet Bob Barker and the Barker Babes.

"I couldn't believe it," Willhoite said. "I was totally shocked! I thought for sure they were going to call somebody else from our group."

Willhoite and several other sailors and family members made the trip last week to Los Angeles to be a part of the Price is Right game show taping.

He was one of the first people called up when the show began. "I didn't even know they called my name at first. They didn't announce it over a speaker or anything, but when we saw my name held up on the card, it just blew my mind."

It took a while for Willhoite to make his way on stage. He had to go through four opening-bid rounds until he won a telescope with a \$1 bid and a trip on stage to meet Barker and play for more prizes.

Willhoite said meeting Barker was an un-

believable experience. "He was a really great guy. He had a really sharp wit, and he knew a lot about the military. I was really impressed with him."

Willhoite soon faced his Price is Right game: The Better Bargain game where contestants have to choose which of the items are the better deal. He had to choose between a safe and a table and dinette set.

"The crowd kept telling me to pick the safe, but I listened to a friend of mine in the audience who told me to pick the table, and I won," he said.

It's too bad Willhoite's luck didn't follow with him to the big spin round to determine who goes on to the final showcases. His \$.25 total spin wasn't exactly enough to get him into the next round. He said he still had a blast, though.

He was still able to take home about \$6,000 worth of prizes from the entire experience.

The episode is scheduled to air May 29 on CBS.

"It never really sank in that I was actually up there. It probably won't sink in until I see it on TV."

The base ITT office sponsored the trip and is working on plans for up-coming trips to the Price is Right.



Sailors and family members show off their excitement during the ITT trip to a recent Price is Right game show taping. CTA3 Richard Willhoite holds the sign with his name on it that was used to call him down to contestant row during the show. Willhoite took home over \$6,000 worth of prizes (Photo courtesy of AE1 Ed Buckles).

Chaplain's Corner

By Fr. Tom Friedl, Base Chaplain

As an exchange student in Lower Austria, the numerous religious markers that were along the back-roads throughout the countryside intrigued me. My host dad explained to me that these markers were along a pilgrimage route and marked places where pilgrims would stop to pray and rest before moving on. They served to mark the correct path to be followed in order to arrive at the proper destination. Being a pilgrim or making a pilgrimage are biblical, faith-based concepts used to describe our life's journey during the years the Creator has given us on this planet. This image implies that we have a vision of where we would like to go, what we would like to become, and the "how" we might achieve the goal of our journey. This biblical image is not just about "pie-in-the-sky." Correctly applying this biblical metaphor means that the choices I make are important. It means that I take my life's journey seriously and use all the tools (maps, guides, mentors, signs, etc.) at my disposal to help me along the way. The metaphor of pilgrimage implies that we not get too comfortable and "settled in our ways," because pilgrimage means being open to change, open to future possibilities.

Like those markers along the byways of Lower Austria, there are significant moments that mark our moving from one place to another. The end of May and the beginning of June celebrate some of those significant markers in people's life journey. We pause to celebrate graduations. This week we mark the advancement in rank of our shipmates to E4, E5 and E6 in frocking ceremonies. Many look forward to the transition from school year to summer vacation. All of these events are part of our pilgrimage. They are road markers. Let each of these markers serve as a place to pause and to offer a prayer of thanksgiving, acknowledging that we've gotten this far only with the love and grace of God who accompanies us and sustains us on the journey. Congratulations to all who are celebrating special moments. May God bless you always and remain your traveling companion on your pilgrimage.

Chapel Services

Catholic

Sunday: 9:30a.m. Mass
For other Catholic services available in town, please call St. Patrick's at 423-2846

Protestant

Sunday: 11a.m. Worship Service
Communion Sunday is the first Sunday of each month.

First Southern Baptism Church of Fallon presents

"America, We Must Not Forget"

a performance of Christian and patriotic songs in honor of Memorial Day holiday

Thursday, May 22 at 7 pm

at Fallon Convention Center

All military families are invited!

(Performance will be repeated

Sunday, May 25 at 11 am

at the church, 900 S. Taylor Street

SeaBees open new GOV car wash for business

By EA3 Jessica Taft, CBU-416

Seabee Unit 416, stationed here recently completed the new government car wash on base. Work on the project began on August 1, 2002 and

was completed two weeks ahead of schedule and \$3,450 under budget.

The car wash was formally turned over to the base during a ribbon cutting ceremony held May 2 with the base

CO, Capt. Brad Goetsch along with CBU-416's OIC, Lt.J.g. Andrew Sonier, and the men and women of CBU-416.

The new two-bay car wash is equipped with a dual filter reverse osmosis system and a water softener to

reduce the water spots associated with the base's municipal water supply.

In addition to all of the car wash equipment the Seabees also installed radiant heating under the concrete floors of both bays to eliminate ice in the winter and the safety hazards associated with it.

The new car wash is located next to the government filling station for convenience and efficiency.

According to the project supervisor, BU2 Scott Koorndyk, there were a few challenges they faced building the structure. "The radiant heating system was new to everyone on the crew," he said. "It's not something Seabees usually work with. Also, working

through the winter created some difficulties. The building is made out of CMU block and laying block in cold temperatures just doesn't work. The mortar freezes and is unworkable. We had to wait out the early mornings for the sun and the temperature to rise. The time we lost waiting made keeping on schedule even tougher. But we did it. In the end it all worked out."

Construction materials came out to \$145,550 and a crew of nine Seabees helped complete the project. Other crew members were: CE2 Bonilla, BUCN Cappello, UT3 (SCW) Carlson, UT2 (SCW) Happner, BU3 Potter, CE2 (SCW) Roman, SW2 (SCW) Ross, and BU2 (SCW) Sims.



Base CO, Capt. Brad Goetsch and the SeaBees of CBU-416 cut the ribbon to the new base GOV car wash to begin services (Photo by JO2 Eric D. Ritter)

Stress Management Workshop and Group

Why not use your time at NAS Fallon to learn skills and techniques, which will allow you to feel:

*Calm rather than nervous
In control rather than hassled
Alive rather than burned out
At peace rather than angry
Refreshed rather than frazzled*

The NAS Fallon Fleet and Family Support Center will provide stress management training from 1130-1230 on Wednesday 21 & 28 May. A light lunch will be provided. The FFSC is located in Bld. 309, which is across from the chapel.

The Desert Roundup Editorial Office, Public Affairs Office NAS Fallon, NV 89496

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation of any other non-merit factor of the purchaser, user or patron. If a violation of this equal opportunity policy by an Advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. Inquiries regarding the placement of paid advertising should be directed to the Lahontan Valley News and Fallon Eagle Standard Advertis-

ing Manager at 562 N. Maine St., Fallon, NV 89407 or by telephone at (775) 423-6041.

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Submissions in the form of news and feature stories, photographs and letters to the editor are encouraged; these must include author's name, rating, rank and unit for military, and position and department for civilian personnel.

All submissions, with the exception of letters to the editor, must include duty phone number for verification of information. Signed letters to the editor will be considered for publication unless the writer requests that the contents not be published. Names will be withheld upon request. News and feature copy may be edited for adherence to appropriate news style and are subject to editing due to space limitations. Submit articles by e-mail or in text format on 3.5" disks and hard copy. Deadline is noon, nine days prior to publication.

Classified Ads: Classified advertising of personal items and services for

sale by members of the command may be accepted free of charge provided such items and services are not business operations, but represent an incidental exchange between active duty and retired military personnel and their families and from civilian employees at NAS Fallon. Free classified ads are limited to 24 words or less and must be submitted directly to the publisher on a form available in the Public Affairs Office.

Deadline for free classified ads is the same as the deadline for submission of article and photos. These ads are accepted only by mail or delivery by the above date to the office of the publisher, no phone-in ads will be accepted. Free classified ads may be emailed to eric.ritter@navy.mil

Capt. Brad T. Goetsch, Commanding Officer
Cmdr. Ed Rybold, Executive Officer
Zip Upham, Public Affairs Officer
JO2 Eric D. Ritter, Editor/Layout&design/Photographer/Writer
JO3 Denise Morris, Staff Writer/Photographer

Navy Personnel Command launches Career Fair for base personnel and Spouses

By Center for Career Development
Public Affairs

NAS FALLON, Nev. - A team from Navy Personnel Command will visit Naval Air Station Fallon, NV to provide support and training during 3 to 5 June, 2003. Events will offer career information to area Sailors and families to facilitate informed career decisions.

Sailors and their spouses are invited and encouraged to attend career information briefings to obtain information to assist in making informed career choices. They will see a fair and balanced comparison of current Navy and private sector com-

pensation, benefits and quality of life opportunities. A transition professional from Ruehlin Associates along with a Center for Career Development Command Master Chief will conduct the briefs for enlisted personnel, and NPC personnel present the officer briefs, with support from private sector job placement and human resource personnel. Spouses are welcome to attend any of the scheduled career information briefs. There is also a separate scheduled brief for spouses on Tuesday evening, June 3.

The schedule of events will also include an NPC Brief for Commanding Officers, Executive Officers, Com-

mand Master Chiefs and Command Career Counselors on Navy retention issues from fleet units, a review of recent personnel initiatives and a glimpse of the vision for the future. Detailer briefs and one-on-one counseling by detailers will also be provided based on community needs.

Enlisted detailers from PERS-40 have taken on the role of career managers. They will be available to provide detailed career information, guidance, and planning assistance to Sailors and various commands. They will also give a thorough description of the detailing process and JASS op-

erations. The detailers, along with CCD personnel, will be available to answer any and all of your questions on personnel matters including Perform to Serve.

Officer detailers from the Aviation Warfare community (PERS-43) will offer community-specific briefings and one-on-one detailer interface. A special Junior Officer Career Workshop will feature a CCD presentation on Navy career issues and compensation contrasted with the private sector. In addition, guest speakers consisting of an airline industry specialist, a junior officer transition pro-

fessional (headhunter) and a Chief Executive Officer of an information technology corporation will present invaluable information on their areas of expertise while drawing on their experience as former Navy officers. Officer spouses are especially encouraged to take advantage of this unique opportunity and attend.

For more information on the Career Decision Fair, please contact NC1 (SW) A. Jones at (775) 426-2720 or visit the Career Decision Fair website at www.StayNAVY@navy.mil.

Healthwatch: Take Care to Minimize Effects of Allergies

By Lt. Neil Zlatniski, Marine Corps Air Station Cherry Point

CHERRY POINT, N.C. — Seasonal allergic rhinitis, or hay fever, affects more than 30 million people in the United States.

Symptoms include runny nose, sneezing, and congestion, as well as itching in the nose, throat, roof of the mouth, eyes and ears.

These symptoms are triggered by outdoor allergens, airborne pollens and mold spores that commonly occur during the spring and fall seasons. Many people who move to a new region of the country acquire allergies in the new area within one to two years.

Many trees, grasses and weeds have pollens that trigger allergy symptoms. In early spring, tree pollens often trigger seasonal allergic rhinitis. In late spring and early summer, pollinating grasses are the culprits. Ragweed is the pollen responsible for late summer and fall hay fever in the United States, however, other weeds can also trigger symptoms. In many areas, grasses tend to pollinate from April to September, trees from February to May, and ragweed from August to October.

Molds are microscopic fungi that have spores, which float in the air throughout the year. The amount of molds in the air depends on the weather.

Pollen and mold counts measure the amount of allergens in the air. Many weather centers report this information that can help people plan outdoor activities to avoid allergens. Appropriate treatment, not avoiding the outdoors, is the best way to cope with your allergies. If your symptoms are not controlled in two days with over-the-counter antihistamines, you should see your healthcare provider to be evaluated.

They may prescribe medications to lessen symptoms and order testing to determine the cause of your allergies.

If you have any questions or need to be seen for your symptoms, talk to your health care provider for more information.

For related news, visit the Navy Medicine Navy NewsStand page at www.news.navy.mil/local/mednews.

OWC takes to the catwalk for a good cause



The base Officer Wives Club held a fashion show May 9 to help raise money for the base Not New Shop. The group raised more than \$3,000 by the end of the evening (Photo by: Zip Upham).

Bravo Zulus

Congratulations Frockees



Some of the Navy's newest E-5s and E-6s gather shortly after their frocking ceremony (Photo by JO3 Denise Morris).

E-6 Frockees

MA1 Damon Ricelivings
AO1 Lucas Bodenhorn
AO1 Heath Coates
AC1 Domenick Doyle
AO1 Michael Neely
MA1 Chad Brink

E-5 Frockees

MA2 Jason Rangel
ABH2 Jose Calleros
AO2 Levi Hines
AT2 Gabriel Lindsey
AO2 Anthony Porter
AC2 Robert Snowden
AC2 Jeffrey Wheeler

E-4froockees

MA3 Kevin Boyst
MA3 David Edens
MA3 Heidi Kuehne
MA3 Micahla Peacock
MA3 Jamaar Pickens
MA3 Brandie Wernette
AO3 Lisette Alicearivera
AO3 Mihijo Davis

AC3 Matthew Durfee
AC3 Monica Flores
AC3 Patrick Hicks
YN3 Nicholas Hulse
LI3 Ryan Juanzemis
AO3 Shafiea Jensen
AO3 William Kenney
AO3 Cody Saunders
AC3 Osvaldo Campos

Weapon's Dept. explodes with pride

Submitted by NASF Weapons Dept

Weapons Department continued to provide top of the line ordnance assets to users during the month of April 2003 supporting the mighty Carrier Air Wing One. It is clear to the hard charging "Red Shirts" that we can provide excellent customer service with virtually no prior warning.

Some of the major high lights of the month of April were as follows:

Weapons Department was ab-

solutely thrilled when we found out AOC(AW) Michael C. Hurley was selected to the rank of Senior Chief Petty Officer. He was frocked at the Chief Petty Officer Club at 3pm, April 28. Hurley once again proved that hard work, dedication and superior leadership instincts equals advancement.

Cmdr. David Lepard assumed his duties as the Weapons Officer, relieving CWO3 Hurlbut who will re-assume his role as Weapons Department Gunner. Lepard reports to NASF after a Commanding Officer tour at Naval Air Weapons Maintenance Unit One, Guam. He brings to the table a fresh and demanding program that, coupled with the superior Weapons Department personnel, will no doubt enhance the sailor development and mission accomplishment at the most demanding shore base ordnance operating facility in the world.

April also provided the arrival of AO3 Early from VF-103, Naval Air Station Oceana. Petty Officer Early began his Naval service in May 1998 and brings with him the seasoned ordnance handling experience needed to assist in the development of our youngest "Red Shirts".

AO1(AW) Bernardin decided to

continue a very successful naval career with a reenlistment for four years on April 18. When asked how much SRB he received, he replied, "None...only benefits of rate". His statement brought a tear to the eyes of some of the old timers.

At the base awards breakfast Weapons Department was very proud to see AO1(AW) Dugan receive the honor of Senior Sailor of the Quarter, First Quarter 2003, and Mr. John Chester receive the honor of Category 1 Civilian of the Quarter, Second Quarter 2003. Dugan clearly set himself apart while performing his duties as Aviation Weapons Support Equipment Leading Petty Officer. He is board-eligible for consideration to Chief Petty Officer. As for Mr. Chester, due to his expert management of over 4,000 line items of explosives, he clearly impacted the daily ammunition accountability and massive inventory controls.

AO2 Neely (Assistant Command Armor) was selected as the April 2003 Weapons Department Sailor of the Month, and AOAN Kenney (Aviation Weapons Support Equipment Technician) was selected as the April 2003 Weapons Department Junior Sailor of the Month. Both of these Weaponeers provided the utmost in professional command support.

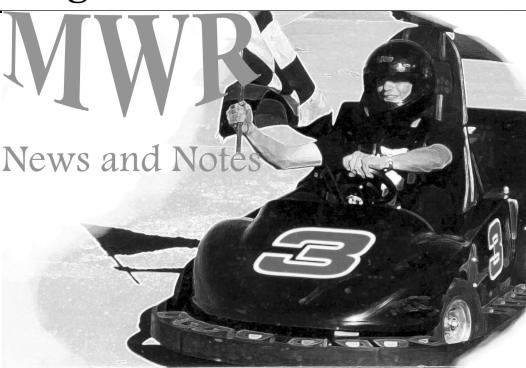
At Weapons Department Awards Quarters the following personnel were recognized:

AO2 Riley, End of tour Award, NASF Commanding Officer Navy and Marine Corps Achievement Medal.

AO2 Coates, Letter of Appreciation, Commander Naval Strike and

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Full
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Ad



SILVER STATE OFFICERS' CLUB:
426-2625

May 22
NSAWC Hail n' Bail
Welcome Home Party
Fajita Night, 5pm-8pm
Band starts 8pm
May 31
Outdoor Pool Opening
Starts 3pm
Band & Dinner, \$7.95; Children under 12, \$3.95
PLANET X:
May 18
WWE "Judgement Day", Starts 5pm
OUTDOOR RECREATION:
Memorial Weekend Special
50% Off All Camping Gear
May 31
Canoe Trip, Call 426-2598 for details
ITT EVENTS: 426-2865
May Special
The Eldorado & ITT have teamed up
To offer you a great discount on tickets to see their new show:
YEAH! YEAH! YEAH!
A tribute to the Beatles starring

"Rain"
\$27.45 for two, ½ Off the box office price...Call 426-2865 for reservations
May 17
Wine Tasting Trip to Nevada City, Ca.
7am - 11pm \$20 per person
All day wine tasting/shopping
New Hours:

Mon.-Thur. 9am - 7pm
Sat. 9am - 5pm
SAGEBRUSH BOWL:
"ABC" League...Summer League
Sign up now!
at 6:30pm, 426-2451
Lunchtime Bowl
Everybody's Invited...
Monday - Thursday 11am-1pm
Bowl 2 games w/ shoe and get a 6" single topping pizza with a medium drink for \$6 per person.
LIBERTY EVENTS!
"Liberty Program"
All Single Military & Geo-bachelors welcome...426-2836
May 29
Movie/Dinner Night
At the base theater, 6pm
AUTO HOBBY SHOP:
May Special
25% Off Hourly Labor Fees!
Wednesdays Only
426-2575
May 11-26
Theater renovations start
Larger, more comfortable seating, new carpet, tile and paint.

Call 426-2580 for details.
HEALTH & WELLNESS
OASIS FITNESS CENTER:
Physical Fitness Month
"Walk/Run" Challenge
\$5 to register, all participants will receive a t-shirt or tank top.
1st Place Walker & Runner will receive a ¼ zip up sweatshirt
Sign up to win a Three-Session Personal Trainer Package, drawing held June 1st. Call 426-2251 for details
Captain's Cup Volleyball
Mon/Wed 5:30pm-9:30pm
Captain's Cup Softball Rosters
Due 23 May
Memorial Day Picnic, May 25
The Fleet Reserve Association Branch and Unit 247 High Sierra Will be hosting their annual Memorial Day Picnic and Services at Rock Park in Sparks. All active duty, retired military, widows and shipmates of the Fleet Reserve and families to attend the barbecue picnic at 11am. There will be a wreath ceremony at noon observing all the departed who served this country with pride. Call Virgil Courney at 775-882-9201 for more information.

Base Theater Note:
Due to the current renovations taking place in the base theater, the theater will be closed until May 26. We regret any inconvenience.



TAPS class scheduled

The Fleet and Fleet Support Center (FFSC) is hosting a two-day Transition Assistance Program (TAP) Class for Reservists who are being demobilized. The class will address military, financial, and professional issues associated with this transition. Topics of particular interest to Reservists include: Reserve benefits, military service records, financial implications of transition, right to re-employment, VA rights and benefits, and job search skills. Representatives from PACFLT Career Information Team, Department of Labor, Veterans Administration, Fleet and Family Support Center, and the Navy's Career Counseling Program will be facilitating the class. All Reservists demobilizing within the next three months are encouraged to attend this special two-day class. In order to meet the time-limited needs of this special group of service members, NC1 Jones will be available during this TAP to provide PRESEP Counseling to participants. This class is scheduled for May 28-29 2003 from 8am - 4pm, and will be held at the FFSC, Bldg. 309. Please call 426-3333 to reserve your space in the class.

Budget For Baby Class
Presented by
Fallon Navy-Marine Corps Relief Society
Thursday May 29, 2003
1:00 to 4:00 PM
In Family Services Training Room in Bldg. 309
Call 426-2739 to Register

If you have a baby less than a month old or are expecting one within 6 months, you should not miss this class. Presented by real MOMS, who have had real experience with new babies. You will;
Learn about the financial impact your new family member will have.
Find out about health care for your baby and you.
Learn about pay and benefits and where to go for help.
Learn to budget your money so your family can live better.
Get practical advice from people who know what they are talking about.
Meet other expectant parents and share experiences and concerns
Get a beautiful Jr. SeaBag valued at about \$70
All for FREE !!!!

Fair Winds and Following Seas, Chief Wilkes



AKC(AW/SW) Anthony Wilkes accepts the American Flag from the flag detail during his recent retirement ceremony. Wilkes leaves the active duty community after more than 20 years of military service (Photo by JO2 Eric D Ritter).

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Warfare Center.

AO1 Ladner, Certificate of Appreciation, President of Navy Marine Corps Relief Society.

AO2 Neely, Weapons Department April 2003 Sailor of the Month.

AOAN Kenny, Weapons Department April 2003 Junior Sailor of

the Month.

AO2 Crowder, Expert Medal M-9 Pistol.

The following received Appointment Letters:

AO2 Walker, AO3 Alexander, AO3 Barr, AO3 Mays, AO3 Wiley, and AO3 Wingo.

AOCM Cobb was given the

honor of guest speaker at this year's Navy Marine Corps Relief Society Awards Banquet. It was truly a thrill for him to honor the sixteen very dedicated volunteers, and provide again this year the view of their effort from the Leading Chief Petty Officers perspective. Keep up the great job NMCRS staff! Volunteers truly light the way.

The TSP open season is open through June 30. To enroll or change your contribution amount, you must file a contribution election with your agency or service. Use the TSP Election Form — TSP-1 if you are a civilian employee or TSP-U-1 if you are a member of the uniformed services — or, if your agency or service requires it, use the appropriate automated system, such as Employee Express, PostalEASE, or MyPay. Check with your agency or service TSP representative if you have questions about the required procedure for filing your contribution election. If you can use Form TSP-1 or Form TSP-U-1, they are available from your agency or service or from <http://www.tsp.gov>.

The Desert Classifieds

Pets:

--If you're looking for a new or lost pet, please check with the Churchill Animal Protection Society (CAPS). They have a number of animals available for adoption or sponsorship. Call 423-7500 for more information.

Autos:

1993 Dodge Intrepid ES

3.5L V6, Automatic, Great Condition, 95K, CD Player, Power Everything, Leather, Trip Computer, Original Owner, \$2800 obo.

Call Eric at 426-3879 or email, bialeke@nsawc.navy.mil

For sale: '86 Mercury Cougar; automatic; runs well but needs some work; \$650 obo; call Shaun at 428-6645

--'93 Ford Explorer 4x4 Sport 2D. Forest green w/ tan leather. AC, power everything, cruise, alarm. Excellent condition at NASF Lemon Lot, \$4,250 -- email: wannabebob@yahoo.com or call bill at 426-3162

--Dark blue Ford Ranger xlt king cab Automatic 134,000 miles V6, Dependable, runs great 2,500 obo 423-6261

Truck: 1997 Dodge Ram 1500, extended cab, 4x4, 5.9L V-8, automatic transmission, power everything, 3.5 inch lift with off-road tires, sprayed in bed liner, asking \$16,500.00 or best offer (O.B.O.) Contact Dustin Wiggins anytime. Work (775) 426-2319 or Home (775) 428-1122.

--1998 Jeep Grand Cherokee 5.9 Ltd 4x4, AT, CD, Leather, Silver Metallic, A/C, PW, PD/L, Onboard Computer, Nice Condition, 93k miles, \$14,500 OBO. Call Steve (775) 745-0837. --1989 Olds Cutlass Sierra, V6, 4DR, AT, Blue, Cassette, Runs Well, 190k miles, \$1000 OBO, call Steve (775) 745-0837.

--1989 Olds Cutlass Sierra V6, 4DR, AT, Blue, Cassette, Runs Well, 190k miles, \$1,000 OBO. Call Steve (775) 745-0837.

--1986 Mercury Cougar. Call 428-6645 Lowrider Bicycle Parts: 2 frames 1 gold, 1 red, tires, fenders handlebars, All for

\$200 or best offer. Call Ruben at 775 428-1501.

Roper brand Dryer. Almost new works perfectly. \$200. Call Ruben at 775 428-1501.

--Kenwood stereo system with cabinet, speakers, 2 sided tape deck, tuner, cd player (holds 5 CDs) and amplifier all are also in excellent condition. Now asking \$500. Please call 423-2624.

--1995 G.E., 21.7 cu. ft., side-by-side, frost-free refrigerator/freezer with ice maker. Asking \$650/OBO. Phone AECS Jim Williamson at 426-3485, during normal working hours or 423-8619, after working hours.

--2 bar stools \$12 or \$6 ea., Toddler bed and mattress (Tiny Toon bed sheet included) \$45, Computer desk and chair \$45, White rocking chair with baby blue cushion for seat and back \$25, Loveseat \$100, Baby crib comforter set (blanket, mattress sheet, around the side cushioning, bedskirt) \$25, car seat \$25, toddler bicycle \$10, Computer subwoofer and speaker \$10, keyboard, \$5, mouse \$2.50, 2 Pioneer house stereo speakers \$10 ea., Mini tape recorder \$10, Little Tikes mini wagon \$2.50, 3 cordless phones (need batteries) \$25, Water hose holder \$10, RCA old fashion camcorder and case \$110, Winnie the Pooh toddler bed comforter set (blanket, fitted, and spread sheet) \$10. Please contact Mardie at home 423-2246

Share Rental--2 bedroom apt. in Fallon. \$275/month. Includes utilities. 423-7918.

Misc.:

Roommate wanted for house. House is located within five minutes from base. Please call AG2 Stephanie Gilbert (w) 426-2816, (home) 428-1064 for more information.

Ride/Drive your vehicle one way To the Portland or Bremerton Area around the 1st of June. Will share expenses.

Call Brad @ 867-2029.

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